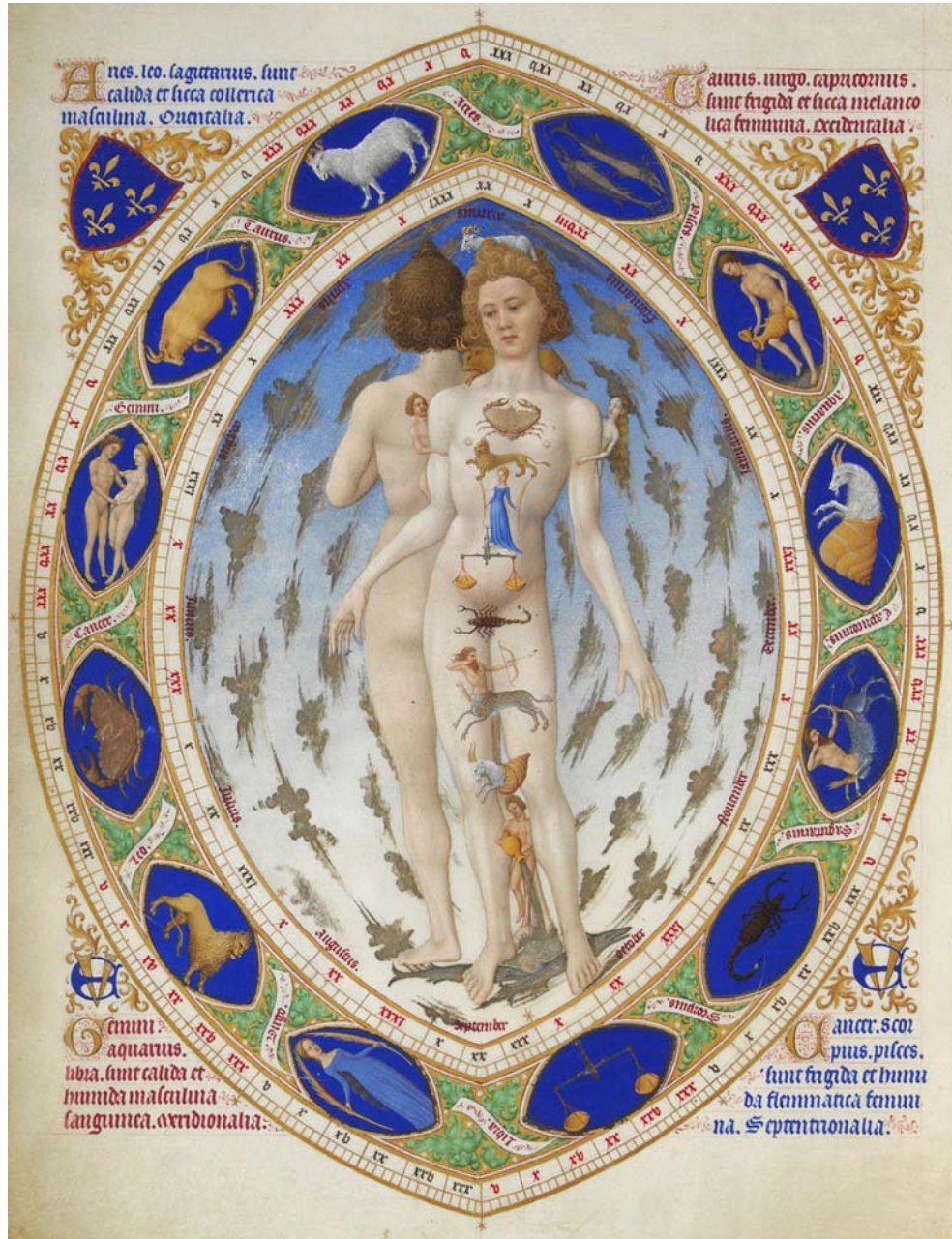


# Il Tempo

Newsletter of the Barony of Ponte Alto—Volume 16, Issue 10 October 2007

Barony of Ponte Alto, October 2007, Chroniclers 2<sup>nd</sup> Edition\* Lady Wulfwyn Ælfwines dothor



Les Très Riches Heures du duc de Berry, Anatomical Man.

This is ASTROLOGICAL man too. Look at the signs of the zodiac. They correspond to each part of the body, starting with Pisces, the feet, and working up their way to the head, with Aries, the ram, that has sacred connotations. The Musée Condé, Chantilly. 15th century.

This is Volume 16 #10 of Il Tempo (The Times). Il Tempo is provided at no charge online and in [PDF format](#) on the Baronial web site. Any member of the Barony of Ponte Alto who does not have Internet access may request a printed copy of Il Tempo at no charge. Please notify the [Baronial Chronicler](#) if you require a printed copy.

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# From the Chronicler...

Summer has past and Fall is quickly upon up. And with the changing seasons, we look forward to exciting events coming in the next months.

A first priority on everyone's list should be the Baronial Polling, and forms have been sent to all paid members living within the boundaries of Ponte Alto. Take a few moments to look over the polling, complete the form and return as soon as possible. It only takes a few minutes and every ballot is important. If you haven't received yours in the mail or don't live our boundaries and would still like to make your wishes known, simply send an e-mail the Their Majesties at [trm@atlantia.sca.org](mailto:trm@atlantia.sca.org) and let them know your preference.

If you haven't looked at the Atlantian Calendar of Events for October, you're missing many events both near and far, many within an easy drive of our area. First is Kingdom Crusades in Bright Hills on the 5-7th. Then of course is War of the Wings II the weekend of the 12-14th, although it's in North Carolina, any Pontoon that than can make the trip adds to our Barony pride. Fall University in Caer Mear is the 20th. Hawkwood Howl the 26-28th, in North Carolina. All Hallows XXVII in Berley Cort again on the 26-28th and Treasures on the Tides in Bright Hills the 26-28th as well - two events close by for those not wanting to go all the way to NC, but still need their SCA fix, and finally, the All Glass Symposium in our neighboring Barony of Stierbach on the 27th. That's something to do every weekend in October, so head out and enjoy the crisp Fall weather and the companionship of friends.

As always, we'd love to see your articles, photos and artwork. If you have something you'd like to share, please send it to me at [snoleopard4@aol.com](mailto:snoleopard4@aol.com) or [chronicler@pontealto.alantia.sca.org](mailto:chronicler@pontealto.alantia.sca.org).

Lady Wulfwyn Aelfwines dohtor  
Chronicler, Barony of Ponte Alto

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# Baronial Meeting Minutes

**MEETING** September 23, 2007 **Time:** 6pm

## Officers

### Seneschal

Polling went out on Thursday, September 20; need forms to be mailed back by October 5.

Still looking for a Deputy, see the Seneschal.

### Exchequer

\$11,627.98 currently in account.

Made \$561.35 at Chalice plus \$120 in donations. Sent \$100 to Kingdom Travel Fund for the Sweet Shop, and made \$252.32 at luncheon. Went over budget by \$158 due to additional fees at site and cost of prizes, voted on and approved additional funds to be paid back.

### Heavy Marshall

Practice has been moved into the gym.

Edwin (Jesse) received the Silver Osprey at Chalice.

### Rapier

Practice continues. At Chalice, Connor Livingston won and continues at Rapier Champion for next year.

### Archery Marshall

Practice Continues

We won 2nd place at Chalice.

Brigid named as Archery Champion

### A&S

Perronelle is hosting an A&S night on Friday, Sept. 28th. Contact her for info & directions; bring a project.

Alle Psalite is starting up again, Mondays from 7:30 to 9:00. Contact Dame Ann for more information.

There was a nice turn out at Chalice, though fewer competitions than last year. The quality was still very high.

The winner for static display was Lady Alina Silverthorne, who did an exhibition of 16th century medical practices, based on finds from the Merry Rose.

Bardic winners were Lady Ambra Micheli & Lady Elishabeth de Avignon, Angelica Bilta

Fall University is October 20th and Stierbach is having a Glass Symposium on October 27th.

### Chatelaine

No new people at Newcomers meeting on Tuesday, but a good time was had by all. Will send an e-mail out when the October meeting is set.

Possible demos coming up for October, will advise when more details are know.

Numerous contacts have been made due to The Washington Post Article.

### Herald

Chalice awards given; Wulfwyn received the Bead of Ponte Alto as did Lady Katharine, Flora and Jurgen received the Onore del Ponte d'Oro.

### MOL

Had 15 heavy fighters and 12 rapier fighters, one heavy authorization at Chalice.

### Chronicler

October issue of Il Tempo to go out next week. Still need articles, photos and artwork from the populace. Please send to the Chronicler for inclusion in the newsletter.

### Webmaster

Nothing new. Still working on updating the website.

### Baron and Baroness

Thanks to everyone who came to Chalice.

Awards were given; Edwin received the Silver Osprey, Wulfwyn and James received the Fountain, Damian received his AOA, Flora and Jurgen received the Onore del Ponte d'Oro, Ann received a Court Baroness.

Baron will be at Kingdom Crusades.

Baron and Baroness will be at War of the Wings where the Barony will be fighting with Black Diamond.

Will be at University.

Be sure to send in the polling on time.

## Baronial Notables

### War Lord

Had fighters out at Siege of Glengary, where we won.

### Artisan

Competed at Chalice and won 3rd overall.

### Bard

Talitha competed and won at Chalice

## Events

### Chalice wrap up

The Seneschal is Very proud of the Barony, and thanks everyone that came out and made it a wonderful day.

Ponte Alto came in 2nd place overall.

Thanks to Sophia for helping out with the luncheon.

156 attendees.

There was a reporter from the Washington Post all day and did a wonder full article for the Sunday Source Section on the 23rd.

### **Barony Party**

Discussed the budget for a December event called Revel without a Cause. Voted on and approved a preliminary budget of \$555. Event will be held at King of Kings Lutheran church in Fairfax. More information to follow when further details are worked out.

### **Investiture/Birthday**

Received the contract from Loudoun County Fairgrounds and we will use the same costs from last year. Will complete the contract and bring to a future event. Sophia has agreed to have a fundraising luncheon with the profits to go to the Barony.

### **Bloodbath**

No new information at this time.

### **Old Business**

Still compiling information for the Autocrat Information site.

New Baronial tabards are being made, 6 new kits have been cut out and were distributed for completion. Voted and approved \$150 to buy additional black and gold fabric to make additional tabards, Denise and Wulfwyn will be buying the fabric.

Looking into new/additional storage facilities.

We have leftover plates, cups, bowls, spoons, napkins from Chalice which can be used for future events.

### **New Business**

Would like to have donations for a Sweet Shop to be held at War of the Wings. Contact Marie Therese for information at [mariatheresapontoon@yahoo.com](mailto:mariatheresapontoon@yahoo.com).

**Meeting ended: 7:00 Attendees: 21**

# Monthly Calendar

October 2007

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4 6 pm Rapier Practice 6 pm Heavy Weapons Practice	5 Kingdom Crusades 4:30 pm Archery Practice	6 Kingdom Crusades	7 Kingdom Crusades Noon Outdoor Heavy Weapons and Rapier Practice
8 7:30 pm Alle Psallite	9 7 pm Scriptorium 7 pm New Comers Meeting	10	11 6 pm Rapier Practice 6 pm Heavy Weapons Practice	12 War of the Wings 4:30 pm Archery Practice	13 War of the Wings	14 War of the Wings Noon Outdoor Heavy Weapons and Rapier Practice
15 7:30 pm Alle Psallite	16	17 7 pm Weaving Night	18 6 pm Rapier Practice 6 pm Heavy Weapons Practice	19 4:30 pm Archery Practice	20 University	21 Noon Outdoor Heavy Weapons and Rapier Practice
22 7:30 pm Alle Psallite	23	24	25 6 pm Rapier Practice 6 pm Heavy Weapons Practice	26 Hawk Wood Howl All Hallows XXVII Tresures on the Tides 4:30 pm Archery Practice	27 Hawk Wood Howl All Hallows XXVII Tresures on the Tides All Glass Symposium	28 Hawk Wood Howl All Hallows XXVII Tresures on the Tides Noon Outdoor Heavy Weapons and Rapier Practice
29 7:30 pm Alle Psallite	30	31 7 pm Armor Night	1	2	3	4

\* = Baronial Progress



# Events

## Baronial Progress for October

Date	Event
6-8	Kingdom Crusades
12-14	War of the Wings
21	University

## October 2007 Calendar of Scheduled Events

Date	Event	Group	Location
5-7	Kingdom Crusades (R)	Bright Hills	Darlington, MD
12-14	War of the Wings II (R)	Sacred Stone	Booneville, NC
20	Fall University (Q)	Caer Mear	Amelia, VA
26-28	Hawkwood Howl	Hawkwood	Arden, NC
26-28	All Hallows XXVII	Berley Cort	Sedley, VA
26-28	Treasures on the Tides (TnT 13F)	Bright Hills	Street, MD
27	All Glass Symposium	Stierbach	Port Royal, VA

# Weekly Activities

Weaving night will resume in March on the Second Wednesday of the month at the home of Lord Jürgen van der Vols (Joorkin Volz) (jcfrench AT mac.com), whom you should contact for more information and directions.

Armoring night will resume in March on the Fourth Wednesday of the month at the home of Lord Jürgen van der Vols (Joorkin Volz) (jcfrench AT mac.com), whom you should contact for more information and directions.

New Comers Meeting Tuesday October 9th starting at 7pm at our place (Katharine Devereaux and James de Biblesworth). At 181 E Reed Ave., Alexandria VA 22305. We are in the condo on the corner; park on the street. We on the ground floor and have a stair case to a back door on E Reed Ave; I will mark our staircase with a flag or a shield. Ours is the tallest staircase furthest from RT 1. Our number is 703 338 4057 if you get lost :D

SUNDAY	
<b>Ponte Alto Baronial Business Meeting</b>	Fourth Sunday of the month at 6 pm at St. Paul's Lutheran Church, Idylwood Road, Falls Church. Baronial Business Meeting (Fourth Sunday of each month, except December) The meeting is at St. Paul's Lutheran Church, 7426 Idlywood Rd., Falls Church. Take your best route to I-66. Get off at the exit for Route 7 West (Tysons Corner). Turn left at the first light after the interchange onto Idlywood Rd. The church is up the hill on the right about 1/4 mile.
<b>Outdoor Heavy Weapons Practice</b>	Weather permitting, Noon - Dark, outdoors at Tysons-Pimmit Park, behind Tysons-Pimmit Library, Falls Church. Please contact the Baronial Knight Marshal for information. Sunday Fight Practice Directions. Practice is behind the Tysons-Pimmit Regional Library 7584 Leesburg Pike, Falls Church. Take your best route to I-495. Get off at the exit for Route 7 East (Falls Church). The library is on the left about 1 mile. Park in the library lot and go down the hill to the park.
MONDAY	
<b>Alle Psallite (Vocal Music)</b>	Every Monday, 7:30-9 pm in Herndon. Contact Mistress Anne of Carthew (anne AT ravenstreet.org) For more information or directions. Music files can be found at <a href="http://www.ravenstreet.org/Anne/alle_psallite/alle_psallite.htm">http://www.ravenstreet.org/Anne/alle_psallite/alle_psallite.htm</a> and on the Yahoo Group AllePsallite.
<b>Asian Night (Exploration of all things Asian)</b>	Second Monday of every month, starts at 6:30 in Centreville. Contact Lady Áine Sindradóttir (ellen.m.davis AT att.net, (703) 815-0310 (H)) or Lord li Saburou Katsumori (logan AT modzer0.cs.uaf.edu) for information or directions.
TUESDAY	
<b>Ponte Alto Scriptorium</b>	Meets the first Tuesday of the month at 7 pm. Contact Lady Brigid O'Hara (mill3rs AT yahoo.com, (703) 620-4945 (H)) for information and directions.
WEDNESDAY	
<b>Weaving Night</b>	Second Wednesdays of every month from 7-9 pm, at the home of Lord Jürgen van der Vols (Joorkin Volz) (jcfrench AT mac.com). Contact Lord Jürgen van der Vols for information and directions.
<b>Armoring Night</b>	Fourth Wednesdays of every month from 7-9 pm, at the home of Lord Jürgen van der Vols (Joorkin Volz) (jcfrench AT mac.com). Contact Lord Jürgen van der Vols for information and directions
THURSDAY	
<b>Rapier Practice</b>	Every Thursday at Shrevewood Elementary school from 6 pm to 9 pm. Please use the rear entrance to the cafeteria. Please contact the Baronial Rapier Marshal for more information. Indoor Rapier Directions. This is a school location activity.
<b>Heavy Weapons Practice</b>	Lemon Road Elementary School on Idylwood Road, 6 pm - 9 pm. Practice is geared to developing beginning and intermediate fighters through intensive hands on training with experienced instructors, as well to providing ample opportunity for more advanced fighters to sparr with knight level combatants. All are welcome. Contact the Baronial Knight Marshal for more information. Indoor Heavy Directions. This is a school location activity.

## FRIDAY

<b>Ponte Alto/Stierbach Archery Practice</b>	Fridays from 4:30 pm until 8 pm, the indoor season archery practice site is Bull Run Regional Park's shooting center. Archery Practice Directions. Practices are jointly held with Stierbach. You may also contact the Baronial Archery Marshal for carpool or other information. Contact and practice time/location information for Stierbach practices can be found at the Stierbach Archery website: <a href="http://mysite.verizon.net/vze4ks38/archery/main.html">http://mysite.verizon.net/vze4ks38/archery/main.html</a> .
<b>Ponte Alto A&amp;S Night</b>	May meet on a Friday during the month, as posted at the top of this page. Contact Lady Perronelle la peintre (dwatsonirwin AT cox.net, (703) 455-0298 (H)) for information and directions.
<b>Stierbach/Ponte Alto Bardic</b>	Come and share your songs and stories! Meets the fourth Friday of the month at 7:30 pm. Contact Baroness Briana Maclukas (darbyjanieAT hotmail.com) for information.

## MONTHLY

<b>SCA Newcomer Meetings</b>	Newcomer Meetings occur once a month on a weeknight from 7-9 pm at the homes of various members of the Barony. Contact the Baronial Chatelaine for information, or check out the top of this page for the recently posted information.
<b>Embroidery Night</b>	Their Excellencies of Ponte Alto host a monthly embroidery night starting at 7:30 pm. Contact the Baron and Baroness for more information, or check out the top of this page for the recently posted information.

**\* Note on school locations for activities:** There will be no activities at schools during school holidays or on other days when Fairfax County schools are closed or all nighttime school recreational activities are cancelled. Notification of cancellation or alternate site location will be posted on the web as soon as possible. You can visit the Fairfax County Public Schools Emergency Announcement page for school closure status: <http://fcps.edu/news/emerg.htm>

# the Real Middle-ages



Dispute of Posidonius and Hippocrates examining sick twin on fate and horoscope. Maître François, illuminator. In The Hague

## Medicine and Healing in the Middle Ages

Medieval medicine was a mixture of existing ideas from antiquity, spiritual influences identified as the shamanistic complex and social consensus. In this era, there was no tradition of scientific medicine, and observations went hand-in-hand with spiritual influences.

In the early Middle Ages, standard medical knowledge was based chiefly upon surviving Greek and Roman texts, preserved in monasteries and elsewhere. Ideas about the origin and cure of disease were not, however, purely secular, but were also based on a world view in which factors such as destiny, sin, and astral influences played as great a part as any physical cause. The efficacy of cures was similarly bound in the beliefs of patient and doctor rather than empirical evidence, so that physical remedies were often subordinate to spiritual intervention.

In the early period there was no single, organized, strand of medieval medicine. Instead someone struck down by injury or disease could turn to folk medicine, prayer, astrology, spells, mysticism, or to an established physician if such were available to him. The boundaries between each profession were loose and movable. Classical medical texts were widely used on the basis of authority rather than experimental confirmation.

As Christianity grew in influence, a tension developed between the church and folk-medicine, since much in folk medicine was magical, or mystical, and had its basis in sources that were not compatible with Christian faith. Spells and incantations were used in conjunction with herbs and other remedies. Such spells had to be separated from the physical remedies, or replaced with Christian prayers or devotions. Similarly, the

dependence upon the power of herbs or gems needed to be explained through Christianity.

The church taught that God sometimes sent illness as a punishment, and that in these cases, repentance could lead to a recovery. This led to the practice of penance and pilgrimage as a means of curing illness.

Starting in the areas least affected by the disruption of the fall of the western empire, a unified theory of medicine began to develop, based largely on the writings of the Greek physicians such as Hippocrates and Galen. Hippocrates wrote about diseases, surgery, and bone fractures as well as human anatomy. Galen wrote more than 500 treatises on physiology, hygiene, dietetics, pathology, and pharmacology, and is credited with the discovery of how the spinal cord controls various muscles. From his dissections, he described the heart valves and determined the purpose of the bladder and kidneys.

To qualify as a Doctor of Medicine took ten years including original Arts training, and so the numbers of such fully qualified physicians remained comparatively small. By the Thirteenth Century many European towns were demanding that physicians have several years of study or training before they could practice. During the Crusades European medicine began to be influenced by Islamic medicine. Islamic commentators often saw European medical practices as barbaric and superstitious. The great crisis in European medicine came with the Black Death epidemic in the 14th century. Prevailing medical theories focused on religious rather than scientific explanations - all to no avail since about a third of the population of Europe was wiped out

The underlying principle of medieval medicine was the theory of humours. This was derived from the ancient medical works, and dominated all western medicine up until the 19th century. The theory stated that within every individual there were four humours, or principal fluids - black bile, yellow bile, phlegm, and blood, these were produced by various organs in the body, and they had to be in balance for a person to remain healthy. Too much phlegm in the body, for example, caused lung problems; and the body tried to cough up the phlegm to restore a balance. The balance of humours in humans could be achieved by diet, medicines, and by blood-letting, using leeches. The four humours were also associated with the four seasons, black bile-autumn, yellow bile-summer, phlegm-winter and blood-spring. Medieval Europe was a place unable to maintain the aqueducts et al built by the romans, so it became a place where medical practice was in places regressing rather than progressing.

HUMOUR	TEMPER	ORGAN	NATURE	ELEMENT
Black bile	Melancholic	Spleen	Cold Dry	Earth
Phlegm	Phlegmatic	Lungs	Cold Wet	Water
Blood	Sanguine	Head	Warm Wet	Air
Yellow bile	Choleric	Gall Bladder	Warm Dry	Fire

The astrological signs of the zodiac were also thought to be associated with certain humours. Even now, some still use words "choleric", "sanguine", "phlegmatic" and "melancholy" to describe personalities.

The use of herbs dovetailed naturally with this system, the success of herbal remedies being ascribed to their action upon the humours within the body. The use of herbs also drew upon the medieval Christian doctrine of signatures which stated that God had provided some form of alleviation for every ill, and that these things, be they animal, vegetable or mineral, carried a mark or a signature upon them that gave an indication of their usefulness. For example, the seeds of skullcap, used as a headache remedy, can appear to look like miniature skulls; and the white spotted leaves of Lungwort, used for tuberculosis, bear a similarity to the lungs of a diseased patient. A large number of such resemblances are believed to exist. Most monasteries developed herb gardens for use in the production of herbal cures, and these remained a part of folk medicine, as well as being used by some professional physicians. Books of herbal remedies were produced, one of the most famous being the Welsh, Red Book of Hergest, dating from around 1400.

A distinctive feature of this period is the variety of healers. Unlike other professions there was no controlling elite, indeed almost no profession—as there was no consensus as to standards or methods, many practitioners were part-timers, and all integrated a number of roles into their work-lives rather than that of just 'doctor'. Those offering healing encompassed both sexes, all religions, and people at every level of society from serf to the most educated and wealthy academics. To many practitioners—nurses, dentists, apothecaries, midwives, etc.—their work was a trade.

The ordinary practitioner sold medical assistance and potions. They worked either as guild members, with a license from local authorities, or attached to a major household or perhaps monastery. They were paid either for their services on a case-by-case basis or with an annuity, payments were often in kind—food or clothing—rather than cash.

Clerical medicine, often called monastic medicine, was provided as part of a religious duty, with payments and income made via a church rather than directly. The Rule of St. Benedict states that "before and above all things, care must be taken of the sick, that

they be served in very truth as Christ is served." Virtually every monastery had an infirmary for the monks or nuns, and this led to provision being made for the care of secular patients. Almost a half of the hospitals in medieval Europe were directly affiliated with monasteries, priories or other religious institutions. Many of the rest imitated religious communities, formulated precise rules of conduct, required a uniform type of dress, and integrated worship services into their daily routine.

Physicians, who studied the works of the Greek masters at Universities, were the self-proclaimed elite of the medical profession. It was an uncommon role, in a study of 13th century Worcester there were just three physicians amidst 10,000 other taxpayers, and few people other than the well-off or the nobility had regular access to these. Physicians diagnosed their patients by close examination of their blood, urine and stools, and determined their complexion or balance of humours. They could prescribe medicines, or bloodletting from various parts of the body to rectify the balance of humours. Physicians could also attempt surprisingly complex operations like trepanation of the skull, to relieve pressure on the brain, or the removal of eye cataracts.

Folk Healers passed on their knowledge from master to apprentice, and were more accessible to the peasant or laborers than physicians. Unregulated, but knowledgeable on herbs and folk-remedies, they were gradually excluded from the medical system.

During the early Middle Ages, it is probable that there were as many women involved in the practice of medicine as men. However, the professionalization of medicine in the later medieval period, and the development of university faculties of medicine excluded women from the profession. Even after the fourteenth century women continued to function as midwives. A midwife generally learned her trade apprenticed to a more experienced midwife, or else was taught by a father or husband who was a physician. The only qualification needed was a statement from a parish priest declaring that she was of good character. Women also served as nurses in the monastic orders, although there were also some secular nurses, caring for the physical needs of patients.

In the Medieval period the term hospital encompassed hostels for travelers, dispensaries for poor relief, clinics and surgeries for the injured, and homes for the blind, lame, elderly, and mentally ill. Monastic hospitals developed many treatments, both therapeutic and spiritual. Patients were supposed to help each other through prayer and calm, perhaps benefiting as much from this as from any physical treatment offered. Some hospitals had as few as ten beds, but others were far larger. St Leonard's in York is recorded as catering for 225 sick and poor in 1287. And in Florence there were over thirty hospitals by 1400, one of which, the hospital of Santa Maria Nuova had, by 1500, a staff of ten doctors, a pharmacist and several others, including female surgeons.

Hospitals began to appear in great numbers in France and England. Following the French Norman invasion into England, the explosion of French ideals led most Medieval monasteries to develop a hospitium or hospice for pilgrims. This hospitium eventually developed into what we now understand as a hospital, with various monks and lay helpers providing the medical care for sick pilgrims and victims of the numerous plagues and chronic diseases that afflicted Medieval Western Europe. Benjamin Gordon supports the theory that the hospital – as we know it - is a French invention, but that it was originally developed for isolating lepers and plague victims, and only later undergoing modification to serve the pilgrim.

Leonardo Da Vinci had a large impact on medical advances during the Renaissance. Da Vinci's approach to science was based on detailed observation. He participated in several autopsies and created many detailed anatomical drawings, planning a major work of comparative human anatomy. Until the 16th century, human dissection was restricted because the church felt that it was disrespectful to God. Once these restrictions were lifted, anatomy became an essential part of a doctor's training.

The French army doctor Ambroise Pare, born in 1510, revived the ancient Greek method of tying off blood vessels. After amputation the common procedure was to cauterize the open end of the amputated appendage to stop the hemorrhaging. This was done by heating oil, water, or metal and touching it to the wound to seal off the blood vessels. Pare also believed in dressing wounds with clean bandages and ointments, including one he made himself composed of eggs, oil of roses, and turpentine. He was the first to design artificial hands and limbs for amputation patients. On one of the artificial hands, the two pairs of fingers could be moved for simple grabbing and releasing tasks and the hand look perfectly natural underneath a glove.

Medical catastrophes were more common in the Renaissance than they are today. During the Renaissance, trade routes were the perfect means of transportation for disease. Eight hundred years after the Plague of Justinian, the Bubonic plague returned to Europe. Starting in Asia, the Black Death reached Mediterranean and western Europe in 1348, possibly from Italian merchants fleeing fighting in the Crimea, and killed 25 million Europeans in six years, approximately 1/3 of the total population and up to a 2/3 in the worst-affected urban areas. Before Mongols left besieged Crimean Kaffa the dead or dying bodies of the infected soldiers were loaded onto catapults and launched over Kaffa's walls to infect those inside. This incident was among the earliest known examples of biological warfare and is credited as being the source of the spread of the Black Death into Europe.

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# Service

## *Letter's of Intent*

### *From the Seneschal*

Greetings Pontoons,

As we have had almost 4 wonderful years with our Baron & Baroness, Marcellus & Belphoebe, it is time for the candidates for our next Baronage to introduce themselves to you.

Below you will find letters from the four candidate sets: Luce & Miles, Millicent, Jurgen & Flora, and Robert & Wulfwyn. These letters will appear in the August and September newsletters and then in mid-September (about the 20th) a polling letter will be sent to the homes of those paid members who live within the zip code boundaries of Ponte Alto. The instructions will be included within the letter along with an envelope to return to our Monarchs.

If you do not live within the boundaries, you may send your comments about the candidates to Prince Logan and Princess Rowan at [trh@atlantia.sca.org](mailto:trh@atlantia.sca.org) and after the upcoming September Coronation they can be reached [trm@atlantia.sca.org](mailto:trm@atlantia.sca.org).

As usual, if you have any questions, please feel free to contact me at 571-239-2183 or [seneschal@pontealto.atlantia.sca.org](mailto:seneschal@pontealto.atlantia.sca.org).

In Service,

Katharine

THL Katharine Devereaux

Barony of Ponte Alto

Baronial Seneschal

Unto the Populace of the Barony of Ponte Alto do we send greeting from Robert of Calais and Wulfwyn AElf wines dohtor.

By this letter, we hereby offer our intent for nomination as candidates for Baron and Baroness. We are both humbled and honored by this, and pledge ourselves to support and uphold the standards of the Crown, the Barony, the Kingdom of Atlantia, and the Society as a whole.

We want to give our love to the outgoing Baron and Baroness, Marcellus and Belphoebe. We wish them the best in all their efforts and fervently wish they could remain as Baron and Baroness for life. That being said, we acknowledge that changes happen and promise to continue with their vision for the Barony, as well as add our own, and to promote the deeds, dreams and talents of Ponte Alto.

Our goal is not to allow the efforts of Ponte Alto artisans, fighters, and services, be obscured. You can help! Where one of our own is mentioned on an order list, be supportive. Make sure the readers of the list know who this person is, what good they have done and are doing. Ultimately we would like every fighter, every artisan and every services person to know that the entire Barony supports them. We can't be all things to all people but we can be a big happy family.

Thanks to the outgoing Baron and Baroness Marcellus and Belphoebe, we would be bequeathed a Barony with no great troubles. We have no axes to grind, no great wrongs to right, we just want to promote a greater sense of community in Ponte Alto. Where we can, let us help each other out, on the field, and off the field. Although we would be the more visible representatives, we feel that the populace is the real representatives of the Barony. You are the true heart and soul, and we are there to stand for you in all matters.

Robert of Calais

Wulfwyn AElf wines dohtor



Greetings unto the noble populace of the Barony of Ponte Alto from Miles de Locwode and Luce Antony Venus:

With this letter we accept the nomination as candidates for Baron and Baroness of Ponte Alto, to succeed Marcellus and Belphoebe. First, let us say we are honored by your belief in our worthiness for nomination. We feel it most productive to discuss our candidacy in terms of what we believe the job of being your Baron and Baroness entails, what our vision is of what the Barony is and can be.

We believe that the heart of this job is to be an ambassador for Ponte Alto. First and foremost, by being the Crown's representative in the Barony. This means building Ponte Alto as a thriving, productive group that supports Atlantia in all her endeavors. But it also means being the advocate of Ponte Alto's populace to the Crown – assuring that individuals are properly recognized and represented in all things. It also means being visible to the rest of Atlantia, bearing witness throughout the Kingdom of the wonderful things that Ponte Alto's populace does.

We believe that the soul of this job is to create an environment in this Barony that is engaging, welcoming and fun. A Baron and Baroness should encourage the populace to aspire to great things, honor their efforts, and applaud their successes. Ponte Alto has developed a tradition that “everyone has a seat at the table,” meaning that all people are welcome, and all ideas deserve fair consideration. It is the job of the Baron and Baroness to promote and protect this tradition, as well as all the traditions of the Barony.

As for specific goals as Baron and Baroness, we want to continue to support the efforts of our Warlords by increasing the numbers of our Baronial army at Pennsic by 25% over previous years, and honoring every fighter who fights under a baronial tabard in any martial activity at any Inter-Kingdom war with a token of our esteem. We also hope to have the Barony host at least one Kingdom-level event during our term. Lastly, in order to support both the arts and Baronial unity, we intend to host a monthly open house in our home to provide a regular, informal forum to take on A&S projects, performer's circles, or any other endeavor we as a group decide is worthy.

For those of you who do not know us personally, rather than recite awards, we offer our record of service to the Barony. Miles has served as Baronial Seneschal, Baronial Archery Marshal, and Baronial Archery Champion. Luce has served as Baronial Deputy Chatelaine, Baronial Chatelaine, Baronial Artisan and Baronial Bard. Both of us have served as autocrat at Baronial events and are involved in the Baronial Pennsic encampment. Being Baron and Baroness is about more than having a title or coronet – it is a commitment to selfless service of the Barony and its populace. We see these roles as an extension of our service to the Barony. As required by and consistent with the Baronial Charter and as modified by Kingdom Law, we agree to the provisions for term of office and selection of successors and pledge to maintain those provisions.

Despite all the things that a Baron and Baroness may promise they will do, the fact remains that they achieve nothing without the populace. Listening to the thoughts, aspirations, concerns, dreams, and ideas of the populace is of great importance to us, both now as candidates, and in the future if we are graced with the honor of serving you. Please feel free to approach us with any questions or ideas you have.

Ponte Alto has such a tradition of excellence, and such a capable populace, we believe strongly that no matter who serves as the next Baronage, Ponte Alto will grow and thrive. It would be our honor to serve both the Crown and you in this capacity. Many thanks for your consideration. In Service to Atlantia and the Dream we remain,

THL Miles de Locwode

THL Luce Antony Venus

To the gracious populace of the Barony of Ponte Alto:

I joyfully accept the nomination for the office of Baroness of Ponte Alto, and thank you for your trust in my abilities to represent this outstanding Barony.

The Barony of Ponte Alto is my SCA home. My residence may lie outside of the physical boundaries of the Barony but my heart has always been drawn to Ponte Alto and her people. For nearly four years I have served as Ponte Alto's Chamberlain and Chancellor of the Exchequer, tending the finances and possessions of this Barony. I have represented Ponte Alto at arts and science festivals and displays as both Baronial Bard and Baronial Artisan. For a short period of time I was a deputy Chatelaine and am currently a deputy Minister of Arts and Sciences. I have dabbled in rapier fighting, combat archery and target archery and will become more active in these disciplines and join the Ponte Alto troops as my gear and skills improve.

I view the office of Baroness as a hostess for the Barony. She should make all comers -- from the newest attendees to those who were present for the First Tournament -- feel welcome and at home. She should be poised and fair under trying situations. She should assist in finding those niches in which members' talents may flourish and ensure that no one goes unrecognized, both on a local level and in Their Majesties' eyes. She should also provide troops and support for when Their Majesties sound the trumpets for battle.

I will do all of these things and much more should you express your confidence to Their Majesties in allowing me to serve as your Baroness.

In service,

Lady Millicent Chandler

Dear good gentry of Ponte Alto,

I would like to recommend Lady Flora deBayeaux for your consideration in this baronial polling. Flora has actively participated in our society for three years. In that time, she has learned much about archery, A&S, and service. Flora is friendly and outgoing, but more to the point, she has actively worked to bring new people into our Barony. She is always friendly and helpful. As Baroness, Flora would remain focused on helping newcomers integrate into our society.

One of the most important and often overlooked things is this small secret: The SCA is fun. Flora loves Ponte Alto and the SCA because it's fun. As baroness, she would be able to share her love for the SCA with both newcomers and old-timers alike. Flora is diplomatic, and knows how to help others stay focused on what matters, encouraging people to enjoy SCA participation.

Yours in Service,

Lord Jurgen Göttsfürböter

Good Gentles of Ponte Alto,

Lord Jurgen Gottsfurboter, in my opinion, already acts in a Baronial manner. He is a very active member of the fighting community. While in the Kingdom of the West he was inducted into Order of the Rose Leaf (for expertise in the arts or sciences) and The Order of the Leaf of Merit (for service.) While in Atlantia he has already earned the Onore del Ponte d'Argento and Onore del Ponte di Ferro for serving as the Baronial Heavy Arms Champion. His weaving has had the distinguished honor of winning the Tempore Atlantia. He regularly invites people into his home to work on armoring, weaving, sewing and best of all, sampling his home brew!

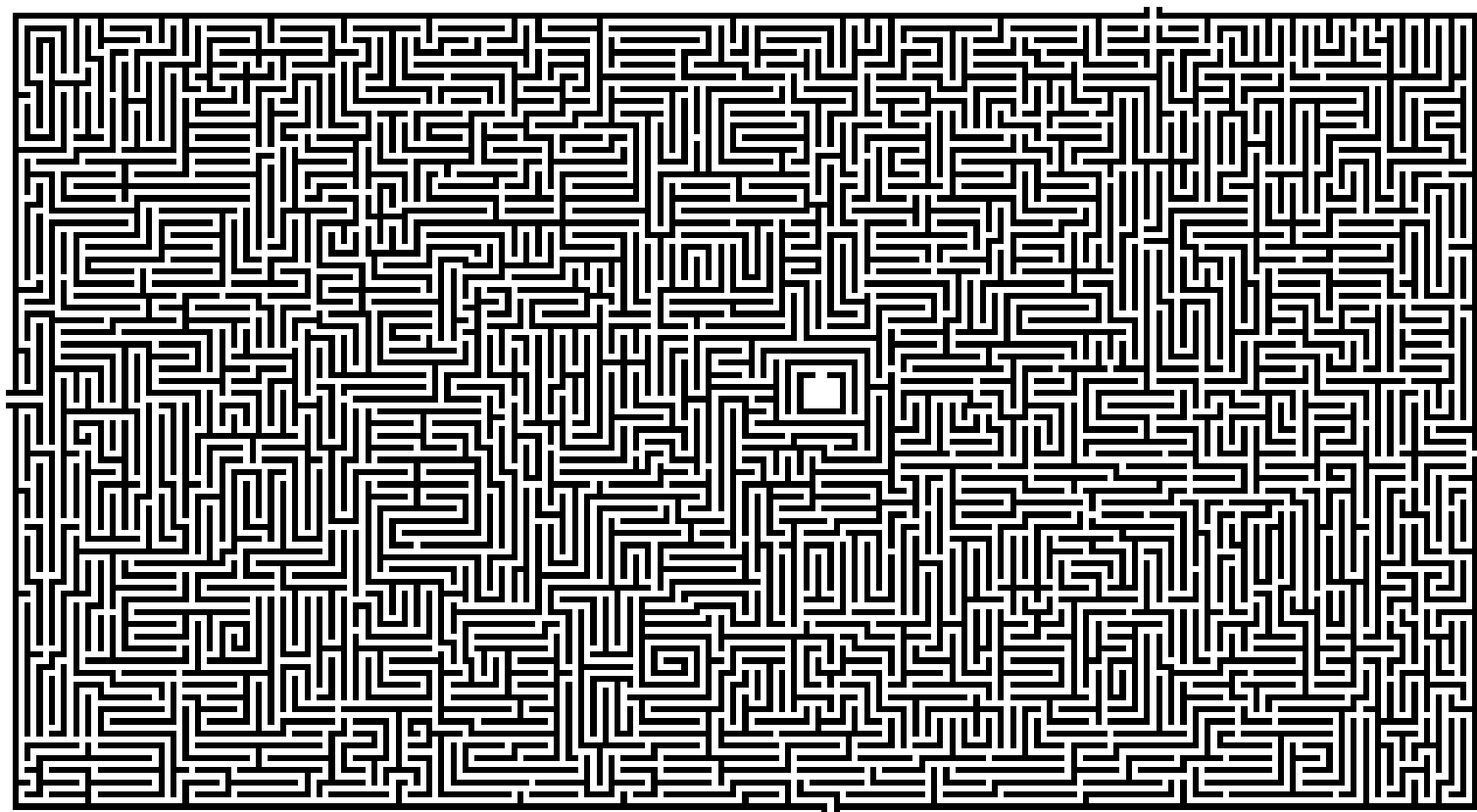
When he is not teaching people skills he has learned, he is helping the barony in others ways. He still has the desire to implement practice "tournaments". His mind is overflowing with ideas to keep Ponte Alto the best barony in Atlantia.

So whether or not Lord Jurgen is elected Baron, it does not change the fact that he is a leader and an inspiration to Pontoons. I am proud to be his Lady.

Lady Flora de Bayeaux

# Game

*A computer generated Maze.*



Find your way to the center.

**\*The source of this puzzle is Wikipedia, the free encyclopedia. The text of this article is licensed under the GFDL.**

# Trivia

## SCA Trivia Answers

Each of these questions is worth 1 pt. unless otherwise specified to the contrary. Winners of the Trivia contest will be published in next months issue along with the answers. (Possible 19 pts) Send you answers to mariatheresapontoon@yahoo.com for publication in next months Il Tempo.

**1. Who are the four candidates running for Baronial Positions? (4 pt.)**

Lady Wulfwyn AElfwin's dohtor and Baron Robert of Calais  
 THL Miles de Locwode and THL Luce Antony Venus  
 Lady Millicent Chandler  
 Lady Flora de Bayeaux and Lord Jurgen Göttsfürböter

**2. Who was the first recipient of the Coral Branch? (1 pt.)**

Halima al-Shafiyah – 4/5/2003

**3. How many Majesties have sat the Atlantian Throne? (2 pt.)**

48. Some of these Majesties have repeated the honor, but since Atlantia became a kingdom there have been 48 Kings and Queens of Atlantia

**4. How many months in the spring reign of a King and Queen? (1 pt.)**

7

**5. Name two Peerages. (1 pt.)**

Chivalry, Laurel, Pelican, and Rose

**6. Who are all the Major offices and the officers of Ponte Alto? (5 pt.)**

Check out page 4 and 5 of the Il Tempo for this answer.

**7. Who are two Deputy officers and their positions in Ponte Alto? (2 pt.)**

Check out page 4 and 5 of the Il Tempo for this answer.

**8. Who are our next King and Queen? (1 pt)**

Logan Ebonwoulfe and Rowan Berran McDowell

**9. Name a Ponte Alto Peer. (1 pt.)**

Ysabeau Cameron (1/1976) Duchess  
 Laeghaire O Laverty (8/1993) [AKA Geoffrey Peel (10/92),  
 Laeghaire ua Laverty]  
 Denise Duvalier (4/1999)  
 Viscounts/Vicountesses  
 Strykar Geirhaldsson (8/1979)  
 Niall McKennett (1/1986)  
 Teleri Talgellawg (3/1982)  
 Cunen Beornhelm (9/1991)  
 Edward of Effingham (10/1981)  
 Brian du Bois Breton (1/1989) [AKA Brian du Bois  
 Bretonne]  
 Allasondrea de Fano (1/1982)  
 Rowena of Avalon (8/1999)  
 Anne of Carthew (9/1992)  
 Aislynn of Jarrow (5/1997) [AKA Aislynn Fairlok (12/92),  
 Aislynn Fyralockar (1/94), Aislynn Fyrlocc]  
 Elisabeth MacAlester of Kintyre (9/1994)  
 [AKA Helene du Chateau Montargent (12/86), Elisabeth des

Monts Argents (9/91), Elizabeth MacAlester of Kintyre,  
 Awashima Kanoe (10/94)]  
 Findlaech MacAlasdair (10/1984)  
 Tirloch of Tallaght (9/1992)  
 Thomas of Calais (8/1990)  
 Kevin of Thornbury (6/1996)  
 Gwendolen ferch Cadwaladr ap Rhys (4/1997)  
 Caitlyn O'Duirmin (1/1989)  
 Andrew Grey of Blakeheth (6/1999) [AKA Ciaran  
 MacGhobhainn]  
 Ranulf of Waterford (10/1991)  
 Giuliana Salviati (4/2002) [AKA Muireann ni RiordBin  
 (9/92), Muireann ni Riordain]  
 Greta Klusenaere (2/1987)  
 Territorial Barons/Baronesses  
 Bell Phoebe de Givet (1/2003) [AKA Belpheobe de Givet]  
 Marcellus Capozziello da Napoli (6/1998) [AKA Marcellus  
 Capozello di Napoli]

**10. How many Silver Ospreys does Ponte Alto have as of August 1, 2007? (1 pt.)**

Meuric o'r glyn, 6/25/2005  
 Marie Thérèse Normand, 9/17/2005  
 Edwin of York, 9/15/2007