## Welcome to Il Tempo!



Dürer's Four horsemen of the Apocalypse

This is Volume 14 #12 of Il Tempo (The Times). Il Tempo is provided at no charge online and in PDF format on

the Baronial web site. Any member of the Barony of Ponte Alto who does not have Internet access may request a printed copy of Il Tempo at no charge. Please notify the <u>Baronial Chronicler</u> if you require a printed copy.

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Courtesy copies of Il Tempo are provided to Their Majesties, Their Highnesses, the Kingdom Chronicler, and the Kingdom Seneschal, in either electronic or paper format, as requested. All Kingdom Chroniclers are welcome to peruse the electronic version of Il Tempo, posted on the Baronial website.

#### **Ponte Alto Activities**

Winter **Archery** season begins at <u>Bull Run</u> starting **Friday**, **November 4**, **2005** from **4:30 pm until 8 pm**. Contact the <u>Archery Marshal</u> for more information.

**Sunday Outdoor Rapier Practices** have ended for the year. They will resume in the spring. Indoor Thursday night practices continue through the winter on days when the school is open. Please contact the <u>Baronial Rapier Marshal</u> for more information.

**Embroidery Night** will be held on **Wednesday, November 30, 2005 at 7:30PM** at the home of the Baron and Baroness.

One of our enthusiastic newcomers, Karen Miller, has offered to host **Scriptorium** on first Tuesdays of each month at 7 pm starting December 6, 2005. Please contact Lady Renata von Hentzau (*starfox5 AT msn.com*) for more information.

There will be no **Newcomer's Meeting** in December. The next Newcomer's meeting will be in January.

There will be no **Business Meeting** in December. The next Business meeting will be in January.

There will be no **Outdoor Heavy Weapons Practices** on **Sunday, December 25, 2005** or **January 1, 2006**, due to the holidays.

There will be no **Indoor Heavy Weapons or Rapier Practices** on **Thursday, December 29, 2005**, as Fairfax County Schools are closed for winter break.

The **15th Century Workshop** for January will be held on a weekend TBD to visit Walters Art Museum in Baltimore, MD. Contact Lady Courtney of Houghton (*courtneydehoughton AT yahoo.com*) and Lord Connor Sinclair (*connorsinclair AT yahoo.com*) for more information.

## **SUNDAY**

Ponte Alto Baronial Business Meeting

Fourth Sunday of the month at 6 pm at St. Paul's Lutheran Church, Idylwood Road, Falls Church. <u>Business Meeting</u>
<u>Directions</u>.

## Outdoor Heavy Weapons Practice

Weather permitting, Noon - Dark, outdoors at Tysons-Pimmit Park, behind Tysons-Pimmit Library, Falls Church. Please contact the <u>Baronial Knight Marshal</u> for more information. <u>Sunday Fight Practice Directions</u>.

### Ladies Instructional Heavy Weapons Practice

First Sunday of every month, Noon - Dark, outdoors, weather permitting, at Tysons-Pimmit Park, behind Tysons-Pimmit Library, Falls Church. Contact Lady Marie Thérèse Normand (*mariatheresapontoon AT yahoo.com*, (703) 690-9453 (H)) for more information. Sunday Fight Practice Directions.

## **MONDAY**

# Alle Psallite (Vocal Music)

Every Monday, 7:30-9 pm in Herndon. Please contact Mistress Anne of Carthew (*anne AT ravenstreet.org*) for more information or directions. Music files can be found at <a href="http://www.ravenstreet.org/Anne/alle\_psallite/alle\_psallite.htm">http://www.ravenstreet.org/Anne/alle\_psallite/alle\_psallite.htm</a> and on the <a href="Yahoo Group AllePsallite">Yahoo Group AllePsallite</a>.

## Asian Nights (Exploration of all things Asian)

Second Monday of every month, starts at 6:30 in Centreville. Please contact Lady Áine Sindradóttir (*ellen.m.davis AT att.net*, (703) 815-0310 (H)) or Lord Ii Saburou Katsumori (*logan AT modzer0.cs.uaf.edu*) for more information or directions.

#### **TUESDAY**

## Harp and Drum Corps (Instrumental Music)

Meets first Tuesdays, 7:30 - 9 pm at the home of Mistress Anne of Carthew (**anne AT ravenstreet.org**) for practice and polishing of more advanced musical pieces. Meets third Tuesdays, 7:30 - 9 pm at the home of Lady Celia of Rosedale (**rosedale 703 AT aol.com**, (703) 378-2441 (H)) for practice of SCA Dance music. Contact the respective hosts for more information, and visit the <u>HarpAndDrum Yahoo Group</u>.

## Ponte Alto Scriptorium

Meets the first Tuesday of the month at 7 pm, starting December 2005. Please contact Lady Renata von Hentzau (**starfox5 AT msn.com**) for more information and directions.

### WEDNESDAY

All Things 15th Century Workshops Third Wednesdays of every other month from 6-9 pm in Reston, VA, at the home of Lady Courtney of Houghton (*courtneydehoughton AT yahoo.com*) and Lord Connor Sinclair (*connorsinclair AT yahoo.com*), whom you should contact for more information and directions.

## **THURSDAY**

### **Rapier Practice \***

Every Thursday at Shrevewood Elementary school from 6 pm to 9 pm. Please use the rear entrance to the cafeteria. Please contact the <u>Baronial Rapier Marshal</u> for more information. <u>Indoor Rapier Directions</u>. This is a <u>school location activity</u>.

# **Heavy Weapons Indoor Practice** \*

Lemon Road Elementary School on Idylwood Road, 6 pm - 9 pm. Practice is geared to developing beginning and intermediate fighters through intensive hands on training with experienced instructors, as well to providing ample opportunity for more advanced fighters to sparr with knight level combatants. All are welcome. Contact the <a href="Baronial Knight Marshal">Baronial Knight Marshal</a> for more information. <a href="Indoor Heavy Directions">Indoor Heavy Directions</a>. This is a <a href="School location activity">school location</a> activity.

## FRIDAY

### Ponte Alto/Stierbach Archery Practice

Fridays from 4:30 pm until 8 pm, the indoor season archery practice site is Bull Run Regional Park's shooting center. <u>Archery Practice Directions</u>. Practices are jointly held with Stierbach. You may also contact the <u>Baronial Archery Marshal</u> for carpool or other information. Contact and practice time/location information for Stierbach practices can be found at the Stierbach Archery website: <a href="http://mysite.verizon.net/vze4ks38/archery/main.html">http://mysite.verizon.net/vze4ks38/archery/main.html</a>.

## Ponte Alto Scriptorium/A&S Night

May meet on a Friday during the month, as posted on the at the top of this page. Please contact Lady Perronelle la peintre (*dwatsonirwin AT cox.net*, (703) 455-0298 (H)) for more information and directions.

#### Stierbach/Ponte Alto Bardic

Come and share your songs and stories! Meets the fourth Friday of the month at 7:30 pm. Contact Lady Celia of Rosedale (**rosedale 703 AT aol.com**, (703) 378-2441 (H)), Lady Cassandra Arabella Giordani (**cassandra AT jordanclan.net**), or Baroness Briana Maclukas (**darbyjanie AT hotmail.com**) for more information.

## **MONTHLY**

### SCA Newcomer Meetings

Newcomer Meetings occur once a month on a weeknight from 7-9 pm at the homes of various members of the Barony. Contact the <u>Baronial Chatelaine</u> for more information, or check out the top of this page for the most recently posted information.

#### **Embroidery Night**

Their Excellencies of Ponte Alto host a monthly embroidery night starting at 7:30 pm. Please contact the <u>Baron and Baroness</u> for more information, or check out the top of this page for the most recently posted information.

#### \* Note on school locations for activities:

There will be no activities at schools during school holidays or on other days when Fairfax County schools are closed or all nighttime school recreational activities are cancelled. Notification of cancellation or alternate site location will be posted on the web as soon as possible.

# **Monthly Calendar**

## December 2005

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	29	7:30 pm - Embroidery Night	December 1 6 pm - Rapier Practice 6 pm - Heavy Weapons Practice	4:30 pm - Archery Practice	<u>Unevent</u>	Noon - Outdoor Heavy Weapons Practice Noon - Ladies Instructional Heavy Weapons Practice
7:30 pm - Alle Psallite	7 pm - Scriptorium 7:30 pm - Harp and Drum	7	6 pm - Rapier Practice 6 pm - Heavy Weapons Practice	4:30 pm - Archery Practice	Feast of St. Andrew	Noon - Outdoor Heavy Weapons Practice
6:30 pm - Asian Night 7:30 pm - Alle Psallite	13	14	6 pm - Rapier Practice 6 pm - Heavy Weapons Practice	4:30 pm - Archery Practice	17	Noon - Outdoor Heavy Weapons Practice
7:30 pm - Alle Psallite	7:30 pm - Harp and Drum	Winter Begins 21	6 pm - Rapier Practice 6 pm - Heavy Weapons Practice	4:30 pm - Archery Practice	24	Christmas 25 Day

Hanukkah / <b>26</b> Kwanzaa	27	28	29	4:30 pm - Archery Practice	31	New Year's January Day 1
2	3	4	6 pm - Rapier Practice 6 pm - Heavy Weapons Practice	6 4:30 pm - Archery Practice	Kingdom Twelfth Night	Noon - Outdoor Heavy Weapons Practice

# **Upcoming Events**

## December 2005

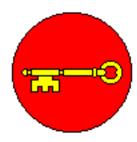
Date	Event	Group	Location
3	<u>Unevent</u> (R)	Nottinghill Coill	Greenville, SC
10	Feast of St. Andrew (R)	Tear-Sea's Shore	Cordesville, SC

#### **Ponte Alto Officers**



#### **Baron and Baroness of Ponte Alto**

Baron Marcellus Capoziello da Napoli and Baroness Belphoebe de Givet (Bob Capozello and Laura Martinez) (703) 625-3883 (H) baron AT pontealto.atlantia.sca.org and baroness AT pontealto.atlantia.sca.org baronage AT pontealto.atlantia.sca.org



#### **Seneschal (President)**

Lady Marie Thérèse Normand (Mary Bowles) 9220 Cardinal Forest Lane # G Lorton, VA 22079 (703) 690-9453 (H) seneschal AT pontealto.atlantia.sca.org

Deputy Seneschal Master Tirloch of Tallaght (Tom Bilodeau) 13456 Cobra Court Oak Hill, VA 20171 (703) 437-6271 (H) tirloch AT sca.org

Deputy Seneschal Lady Katharine Devereaux (Kimberly Barker) Alexandria, VA (571) 239-2183 (M) katdevereaux AT hotmail.com



#### **Minister of Minors (Childrens' Activities)**

Lady Siobhán (Laura Storey) mom AT pontealto.atlantia.sca.org



#### **Chancellor of the Exchequer (Treasurer)**

Lady Millicent Chandler (Melanie Cozad) 1220 Chase Heritage Circle #202 Sterling, VA 20164 (571) 434-8150 (H) exchequer AT pontealto.atlantia.sca.org

Deputy Chancellor of the Exchequer Lady Katharine Devereaux (Kimberly Barker) Alexandria, VA (571) 239-2183 (M) katdevereaux AT hotmail.com

Chamberlain Katherina von Bayern (Tracy Fussell) (703) 994-3960 (H) chamberlain AT pontealto.atlantia.sca.org



#### **Knight Marshal**

Lord Duncan the Elder (Duncan Cooper) (703) 801-6867 (H) marshal AT pontealto.atlantia.sca.org

Deputy Knight Marshal Lord Christopher Hare (Chris Harrop) harrophare AT aol.com Deputy Knight Marshal Baroness Agnes Daunce (Nellie Miller) 14201 Arbor Forest Drive #301 Rockville, MD 20850 (301) 309-0419 (H) agnes\_daunce AT yahoo.com

Deputy Knight Marshal Lord Connor Sinclair (Kevin Houghton) connorsinclair AT yahoo.com



#### **Rapier Marshal**

Lord Geoffrey ap Clywd (Jeff Williams) rapier AT pontealto.atlantia.sca.org

Deputy Rapier Marshal Baroness Greta Klusenaere (Barbara Reed) (703) 960-5388 (H) bereed26 AT yahoo.com

Deputy Rapier Marshal Lady Catalina dell'Acqua (Jennifer Marsten) akgnome AT yahoo.com

Deputy Rapier Marshal Baron Marcellus Capoziello da Napoli (Bob Capozello) (703) 625-3883 (H) afpopa AT cox.net

Deputy Rapier Marshal Baroness Belphoebe de Givet (Laura Martinez) (703) 625-3883 (H) belfebe AT yahoo.com Deputy Rapier Marshal Lord Seamus 'O Maoil Riain (Dwayne Eckman) duds62 AT hotmail.com

#### **Archery Marshal**

Lord Miles de Locwode (Mike Emrich) 6406 Seven Oaks Court Falls Church, VA 22042 (703) 534-6075 (H) archery AT pontealto.atlantia.sca.org



#### **Minister of Arts & Sciences**

Baroness Greta Klusenaere (Barbara Reed) (703) 960-5388 (H) moas AT pontealto.atlantia.sca.org

Deputy Minister of Arts & Sciences Lady Celia of Rosedale (Tamara Brown) 3714 Sudley Ford Court Fairfax, VA 22033-4811 (703) 378-2441 (H) rosedale 703 AT aol. com

Deputy Minister of Arts & Sciences Lady Delphina the Mad (Charlene Ratliff) ms\_spydra AT hotmail.com

Deputy Minister of Arts & Sciences Lady Renata von Hentzau (Clare Cronin) 3304 Willow Crescent Drive Apt. 34 Fairfax, VA 22030 starfox5 AT msn.com



#### **Chatelaine (Newcomers)**

Lady Marsaili Johnston of Lockwood Moss (Terelyn Marks) (703) 444-6247 (H), (571) 242-6370 (M) chatelaine AT pontealto.atlantia.sca.org

Deputy Chatelaine Lord James de Biblesworth (James Barker) flonzy AT hotmail.com



Gold Key (Loaner Costumes)
Lady Marsaili Johnston of Lockwood Moss (Terelyn Marks)
(703) 444-6247 (H), (571) 242-6370 (M)
ladymarsaili AT yahoo.com

Deputy for Demos Lord James de Biblesworth (James Barker) demos AT pontealto.atlantia.sca.org



#### Herald

Lord Seamus 'O Maoil Riain (Dwayne Eckman) herald AT pontealto.atlantia.sca.org

Deputy Herald Lord Connor Sinclair (Kevin Houghton) connorsinclair AT yahoo.com



#### **Minister of the Lists**

Lady Delphina the Mad (Charlene Ratliff) mol AT pontealto.atlantia.sca.org

Deputy Minister of the Lists Countess Denise Duvalier (Denise Hundley) (703) 339-4114 (H) DCADenise AT aol.com



#### **Chronicler (Newsletter)**

Lady Courtney of Houghton and Lord Connor Sinclair (Courtney and Kevin Houghton) chronicler AT pontealto.atlantia.sca.org



#### **Web Minister**

Lady Cassandra Arabella Giordani (Kim Jordan) webminister AT pontealto.atlantia.sca.org

Deputy Web Minister Lady Courtney of Houghton (Courtney Houghton) courtneydehoughton AT yahoo.com

#### **Members of the Baronial Guard**

Lady Catalina dell'Acqua (Captain) Lord Geoffrey ap Clywd Myghell O'Kelly

#### **Baronial Warlord**

Sir Thomas of Calais (Thomas Hundley) (703) 339-4114 (H) warlord AT pontealto.atlantia.sca.org



#### **Baronial Heavy Champion**

Master Kevin of Thornbury (Kevin Maxson) heavychamp AT pontealto.atlantia.sca.org



### **Baronial Rapier Champion**

Lord Seamus 'O Maoil Riain (Dwayne Eckman) rapierchamp AT pontealto.atlantia.sca.org



#### **Baronial Archery Champion**

Lord Miles de Locwode (Mike Emrich) 6406 Seven Oaks Court Falls Church, VA 22042 (703) 534-6075 (H) archerychamp AT pontealto.atlantia.sca.org



#### **Baronial Artisan**

Lady Marsaili Johnston of Lockwood Moss (Terelyn Marks) (703) 444-6247 (H), (571) 242-6370 (M) artisan AT pontealto.atlantia.sca.org



#### **Baronial Bard**

Lady Millicent Chandler (Melanie Cozad) 1220 Chase Heritage Circle #202 Sterling, VA 20164 (571) 434-8150 (H) bard AT pontealto.atlantia.sca.org

## Meeting Minutes - November 27, 2005

Held at the Education Building of St. Paul's Lutheran Church 25 Attendees

Meeting Start Time: 6:05 pm

#### **Officer Reports**

#### Seneschal: Lady Marie Thérèse Normand

- Thanks to storage unit movers: Bel, Marcellus, Celia, Anne, Millicent, Katherina, Leslie, and our Seneschal it only took an hour!
- New Minister of Minors needed consider applying
- All officers should have deputies
- Officers, let Mary know when quarterly reports are filed

#### MoM: Lady Siobhan

• She will be stepping down in February

#### **Exchequer: Lady Millicent Chandler**

- Current balance is \$7042.32 in our account
- DATR II made \$429.46 includes silent auction
- Ended quarter with \$9040.13
- The 5' x 10' is now too small for our stuff, so we ended up paying \$79/month for 5' x 15' storage unit

## **Heavy Marshal: Lord Duncan the Elder**

- Practices continuing, attendance has been good (except for this Thanksgiving Sunday) -Sir Strykar has been teaching classes
- Injury at practice two weeks ago Katherina sprained her knee, but she's doing OK appropriate reports will be filed.
- Duncan will check on the status of Deputy Marshal Christopher Hare's membership/address issues

## Rapier Marshal: Lord Geoffrey ap Clywd

• Good turnouts continue at Thursday practices, with 12-15 fencers per practice - Xmas break at the schools is 12/23 through 1/2 - need to check if 12/22 practice will be held or if the school will be closed.

#### Archery Marshal: Lord Miles de Lochwode

- Lady Arnfriðr has had to resign as Baronial Archery Marshal since she has moved to Ohio for her new job. We will miss her, and wish her well in her new home!
- Lord Miles de Lochwode has stepped up as Archery Marshal.
- Be an Archery Marshal!!! Miles looking for a deputy. Archery classes coming up at University for interested parties
- Lochmere Arrow shoot was held at Holiday Faire Lord Miles de Lochwode and Sir Thomas
  of Calais shot as a Ponte Alto team and came in 6th place The Arrow's new home is
  Highland Foorde.

#### A&S: Baroness Greta Klusenaere

- A&S classes continue 15th Century, Embroidery, and generic A&S Nights, as well as Scriptorium
- Courtney and Connor hosting 15th Century nights every other month, next meeting in January on a Saturday TBD to visit the Walters Art Museum in Baltimore, MD
- Renata hosted Sunday afternoon 2-6 pm scribal workshop on 11/20 6-7 people attended, and they did all sorts of scribal-related things
- First Tuesday Scriptoriums will be starting, hosted by a newcomer, Karen Miller, starting in December. Look for direction details on the email list.
- Renata is working to step up as next A&S Officer in February at Tournament of Love and Beauty
- Belphoebe will host Embroidery Night on Wed 11/30/05 at 7:30 pm

#### Chatelaine: Lady Marsaili Johnston of Lockwood Moss

- Baron Marcellus and Baronne Belphoebe hosted last meeting with 2 newcomers
- No newcomers meeting in December due to the holidays

#### Herald: Lord Seamus 'O Maoil Riain

- Lord Seamus 'O Maoil Riain and Lord Geoffrey ap Clywd's names and devices have been submitted to Kingdom
- Working with Saethryth Farsight for name/device
- · Lord Connor Sinclair is still tracking the Ponte awards heraldry
- Lady Cassandra Arabella Giordani is now Kingdom Clerk of Precedence

## MOL: Lady Delphina the Mad

- Countess Denise Duvalier remains the Deputy MoL
- Delphina will be MoL at Tournament of Love and Beauty

## **Chroniclers: Lady Courtney of Houghton and Lord Connor Sinclair**

- Il Tempo continues to be published on time
- We need a deputy!!! Interested parties please contact the Chroniclers the process has been fairly streamlined...step up!!

• Let's see if we can find an enthusiastic newcomer and advertise on the web site, for this and other duputy/officer positions

#### Web Minister: Lady Cassandra Arabella Giordani

 Added DATR II A&S pictures to the A&S Gallery on the web site (pictures courtesy of Mistress Anne of Carthew)

#### Baron and Baroness: Baron Marcellus Capoziello da Napoli and Baronne Belphoebe de Givet

- DATR II was loads of fun fierce competition, but no injuries this year 22 boats
- Thoughts for next year's races are being discussed on the email list
- At Stierbach's Holiday Faire, Baron Marcellus was MiC for Rapier Baronne Belphoebe won the style competition
- Twelfth Night is coming up it's local in Dun Carraig
- Also coming up: February University in Berly Court, KASF in Sudentorre, and our own Tournament of Love and Beauty LOTS of local events, many of them Kingdom events!
- Send in award recommendations, both kingdom and baronial!

#### **Events**

Day at the Races II: November 12, 2005 Lady Celia of Rosedale, autocrat

- The event itself didn't make money, but the silent auction did. We had 79 folks attend, which was great considering the conflict with KWAR
- Thanks to Master Tirloch for an awesome feast!
- Event reports have been turned in.

## <u>Tournament of Love and Beauty:</u> February 18, 2006 Lord Connor Sinclair and Lady Courtney de Houghton, co-autocrats

- Budget going around for review and vote the budget passed unanimously
- Loudoun County Fairgrounds site we have the hall and the arena (there is a building in between we don't have)
- Need volunteers clean up crew (3-5 people), need list fences for in the arena (sources needed, possibly Daffydd!), chiurgeons, feast servers
- The barony agreed not to hold a silent auction at this event, as many other things will be going on
- Activities: Heavy and rapier fighting. New artisan and bardic champions need competition details from current notables
- Gruffudd will be preparing an English feast, two courses and a dessert
- Please bring banners to decorate the site!
- Low-cost site token ideas needed
- Lunch will be offered by Lady Kim of Wulfshaven to benefit the Kingdom Travel Fund
- · A&S and Children's Corner in the hall need to think about where Court should be held

- Need to provide Merchant information: VA Sales Tax license, no heat in the arena
- Much discussion about which level of the hall to host feast was had, with pros and cons of each decision will be made by autocrat

<u>Bloodbath:</u> March 11, 2006 Sir Thomas of Calais, autocrat

- Budget should be similar from last year \$500 site fee of \$5 unanimously approved
- Spiked 3/11/06 date for event
- Site can't be reserved until January
- Youth Combat authorized to happen Kingdom Youth Combat Marshal will run it

Chalice: 2006

Lady Katharine Devereaux, autocrat

- Katharine has agreed to step up as autocrat, YAY!
- We need to choose a date

#### **Old Business**

- Events
  - The SPIKE system allows us to enter event information out to 2009! Mistress Anne is willing to be a placeholder autocrat and use her church as a placeholder site for February and November events until actual autocrats and sites can be determined. Since the northern regional calendar committee has been dissolved, other groups have already started changing their event dates from their usual scheduled ones.
  - Ponte Alto will SPIKE our events out to early 2007. Anne will SPIKE February and November events, Marie Thérèse will SPIKE our March 2007 event, and Katharine will SPIKE Chalice 2006.
  - Marie Thérèse will coordinate with Stierbach on November dates for Holiday Faire and our event to be neighborly
- Master Ranulf of Waterford and Baron Marcellus had travel thrones ready for DATR II they ROCK! Ranulf is adding brass feet, and Marcellus will be decorating the leather backs with Baronial arms. But they are now functional and portable!
- Ragnarr Ribcracker reported the finding of almost-finished Ponte Alto baronial cloaks (they just need hemming) in a Stierbach attic, so there are now new cloaks!

#### **New Business**

- Should Ponte Alto acquire our own list fences? Now that we have storage space, let's price out having them made or making them ourselves Sir Thomas is having personal list fences made by Olaf in Seareach 48' x 48' area Olaf would charge the barony \$450 and could probably be ready by March event if we order now
  - Marie Thérèse will still check on local lumber prices. Sir Thomas' fences should be ready in January and available for the February and March events, and after some information gathering, the Barony will talk more at the January business meeting.
- Lord Miles declares that Pennsic is coming he has volunteered to be land agent for Ponte Alto next Pennsic. YAY! The Pennsic committee will be starting up early next year. One

goal will be to continue to increase our spiff factor.

#### **Announcements**

- Next meeting is Sunday, January 28, 2006
- Duncan still looking for his lent out Marshal's tabard
- There is an unclaimed black velvet cloak left at DATR in Celia's possession if not claimed soon, it will be added to silent auction wares!

Meeting adjourned at approximately 7:25 pm.

## **Caption Contest**



This month's article is to come up with a funny caption for the above woodcut. Please submit your captions to connorsinclair AT yahoo.com. The results will be posted in next month's "Il Tempo".

#### **SOURCES:**

Image: Jacob's Ladder; from the Speculum Humanae Salvationis, Augsburg 1477.

Image provided by **Goode Cookery clipart** 

# Officer Reports and Letters



## Officer Reports and Letters - Knight Marshal

Report on Injury Sustained by Fighter Katherina Von Bauer (Tracy) at Sunday afternoon heavy weapons fight practice at Tysons Pimmit Park on November 17, 2005.

During the Sunday afternoon heavy weapons fight practice at Tysons Pimmit Park on November 13, 2005 at about 4:30PM, Katherina Von Bauer was fighting in armor using sword and shield when she stumbled over a two inch ridge of ground just off the pathway which crosses the practice area. She fell, badly spraining her left knee. The attending fighters provided her with ice and ibprofen and after about forty-five minutes she felt well enough to drive home.

I spoke to her at home the following Thursday night. X-rays showed that she did not suffer a fracture. However she had been on prescription pain killers up to that morning when she felt better enough to switch to advil. She was on crutches and would continue to be for about another week. If her pain does not go improve significantly her doctor wants her to do an MRI to look for a torn ligament or cartilage.

As of November 27 Tracy is only using crutches when she needs to be on her feet for extended periods of time to avoid pain in her knee. She is recovering but will probably not be fighting again until January.

Fighters normally do not practice thist close to the walking pathway where some parts of the foundation from the old farm hourse protrude from the ground and we had not previously detected this ridge or lip (as opposed to the Duke eating hole which is much further out from the path). Fighters will be cautioned to stay away from that area in the future in order to avoid this hazard.

Yours in Service,

Duncan The Elder Knight Marshal of Ponte Alto

