



THE BARONY OF PONTE ALTO'S NEWSLETTER

IL TEMPO

VOLUME 28, ISSUE 7

JULY 2019, A.S. LIV



READY OR NOT PENNSIC WAR IS HERE!

This is Volume 28, Issue 7, of *Il Tempo* (The Times), a publication of the Barony of Ponte Alto, in the Kingdom of Atlantia, of the Society for Creative Anachronism, Inc. *Il Tempo* is provided at no charge online and in PDF format on the Baronial website. Any member of the Barony of Ponte Alto who does not have internet access may request a printed copy of *Il Tempo* at no charge from the Baronial Seneschal (seneschal@pontealto.atlantia.sca.org).

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Il Tempo

Welcome to *Il Tempo* (The Times), the Newsletter of the Barony of Ponte Alto, one of the northern baronies in the Kingdom of Atlantia.

Il Tempo strives to be an informative read that you look forward to. To this end, we are always appreciative of any contributions to it, perhaps an article of a project you are working on or are interested in, how to make/play a period game, your experience at an event, how/what to prepare for a day trip, a recipe/ piece of garb that you've made, documentation on an item you've completed - a how to on

documentation, a few words on a historical person/event, photos, a book review, something to share with a newcomer - perhaps a short autobiography of your persona or how you came to figure out your persona.

The list can go on for ages - only limited by the speed at which our hands can write out what our minds can think of.

Come, share with us adventures in the great Barony of Ponte Alto, in the grand Kingdom of Atlantia, in this - the current Middle Ages!

YOUTH POLICIES

***New Announcement:
Seneschal's Handbook - Youth Policies
Published 7/20/2019***

Parents or guardians of minors shall have ultimate responsibility for the welfare and behavior of their children at all times. It is the responsibility of the adult who brings a minor to an event to ensure that the minor is safe and not in danger. At events in which youth participate in any way, participating minors must either have a parent or legal guardian present at the event, or an accompanying adult present in possession of a properly executed "Medical Authorization Form for Minors."

For more info: <http://socsen.sca.org/new-announcement-seneschals-handbook-youth-policies/>



Populace Meeting Minutes

July 21, 2019

5:02 pm

Adjourned at 5:31 pm

23 attendees

Mosaic Community Space

2985 District Avenue, Suite 100

Fairfax, VA 27584

OFFICER'S REPORTS

Seneschal - Geoffrey for Dwayne Eckman (Lord Seamus Ó Maoil Riain)

- ♦ Youth policy has changed again. Parents responsible at all times (as in the past). **Editor's Note: see additional on page 2!*

Exchequer - Katie Bischoff (Astrid) via email

- ♦ Current balance of \$11,186.36

Chronicler - Ron Hanagan (Rónán mac Ímair)

- ♦ Plan to post Il Tempo before heading to Pennsic.

Web Minister - Ron Hanagan (Rónán mac Ímair)

- ♦ Discussed updates/cancellations for calendar due to Pennsic.

Arts and Sciences - Marlene Martineau (Vadoma) via email

- ♦ Not much happening at this time. Vadoma leaving in about a month.
- ♦ Randall has indicated his preference to stay a deputy, so the barony is still looking for someone to step up as MoAS. Ailleann may be willing.
- ♦ Upcoming garb workshops with Drea.
- ♦ Pennsic prep days.

Chatelaine - Mary Dotson (Maria Chiara Datini)

- ♦ Newcomers night took place on 7/19. 6 attendees with 1 new.
- ♦ Aug and Sep need volunteers. Ailleann indicated she could take Aug. Date of August Newcomers to be determined.

Minister of Minors - Eliisa Harman (Lady Annika Siltanen)

- ♦ n/a

Herald - Sarah Stango (Johanna le Paumer)

- ♦ 2 in commentary, should see them complete within a couple of months.
- ♦ Researching 2 new names.



Populace Meeting Minutes (cont.)

Knight/Rapier Marshal - Brittany Lasley (Colette Vitalis)

- ◆ Practice report. Six rapier people, plus four heavy.
- ◆ Will be sending waivers this week.
- ◆ Loaner helms need to be inspected. Not padded and not currently ready.
- ◆ Would like to relocate the loaner gear to be closer to practice site.
- ◆ Since the inventory, some of the loaned out gear has been returned.
- ◆ Colette and Henry are researching info for helms.

Baron and Baroness - Nicholas Freer & Mary Bowles (Naran Numuchi & Marie-Therese Normand)

- ◆ Attended: Stovik Novice.
- ◆ Upcoming: Pennsic.
- ◆ Will be holding court at Pennsic on Thursday of War Week, 8/8, at 6:00PM. Followed by the barony social.
- ◆ Upcoming after Pennsic: Royal Archer (Naran), Battle on the Bay, Coronation, Stierbach Baronial Birthday, Clash with Bacchus (Marie-Therese)

Events

Wild Hunt

- ◆ **Wild Hunt** (Ailleann)
- ◆ (Emily) Go for using the church again this year. Reviewing the contract.
- ◆ Looking to do a pot-luck, and possibly make it a competition. Vadoma suggested a "stone soup" idea.
- ◆ Side discussion about next year, and investigating Prince William park.
- ◆
- ◆ Pre-Pennsic Planning meeting took place today. The baroness wants: no accidents, no drama, no heat stroke, no crud!
- ◆ Their Excellencies plan to attend the champions events for Heavy (MT), Rapier (both), and Archery (Naran).

Pennsic Court/Social

- ◆ **Pennsic Court**
- ◆ Bobbie asked about whether we had a budget for the baronial social at Pennsic. We can't vote without the Exchequer present. Marie-Therese will discuss with Bobbie. Plan to reimburse after Pennsic.



Populace Meeting Minutes (cont.)

Old Business

- ◆ n/a

New Business

- ◆ n/a

ANNOUNCEMENTS

- ◆ Adina will be at storage shed this week, Wednesday, and then the Monday after Pennsic.
- ◆ Marie-Therese asked for folks to submit award recommendations.
- ◆ Inquiry about Social Media officer. Kim suggested as an additional social media officer.



Know the Signs!

Pennsic promises to be warm this year! Make you know the signs of heat exhaustion and heat stroke, and please be sure to stay hydrated!

Know the Difference Between Heat Exhaustion and Heat Stroke



Heat exhaustion

Symptoms

- headache
- dizzy or fainting
- heavy sweating
- cold, pale and clammy skin
- nausea or vomiting
- fast, weak pulse
- weakness or muscle cramps
- excessive thirst

What to do

- Hydrate with water or sports drinks. No alcohol.
- Move to a cooler, air-conditioned place.
- Lie down.
- If fully conscious, sip water.
- Take a cool shower or use cold compresses.
- If vomiting continues, seek medical attention.
- Act quickly. Untreated heat exhaustion can progress to heat stroke.
- Remove tight fitting clothing or extra layers.



Heat stroke – a medical emergency

Symptoms

- headache
- confusion or delirium
- may lose consciousness
- no sweating/dry skin
- hot, red skin
- nausea or vomiting
- rapid heart rate
- body temperature above 104° F

What to do

- Call 911. This is a medical emergency.
- Move the person to a cooler place.
- Use cold compresses to reduce body temperature.
- Do not give fluids.

Image courtesy of Weather.gov

<https://www.weather.gov/safety/heat-illness>



Wild Hunt

The Wild Hunt is Coming!

As the beauty of the autumn deepens, as the air cools and shadows grow longer, the Huntsman's horn sounds yet again, calling all to beware - beware or be assimilated by the Wild Hunt!

Once more, the Fey and Fell Master of the Hunt is coming to claim his lands, and attempt to capture – through challenge or games of skill or chance – all those who trespass upon his favor. Will you become another of the Master's loyal hunters? Or will you, through skill or luck, escape the clutches of the Wild Hunt?

Come join our Barony of Ponte Alto as we experience an exciting day of Fighting, Arts, Games and Challenges. Last year there was a prize for those who escaped the Hunt, but this year, there will also be a prize for the most successful Hunters, who assimilate the most people INTO the Hunt after they must join the Hunt themselves. So if you lose a challenge and join the magnificent Hunt, you may still earn renown, challenging all who still run free!

Armored Fighting: Stay tuned for heavy combat scenarios

Rapier: Stay tuned for rapier combat scenarios

Rock-Paper-Scissors Fighting: We mention this here, because you must be certified to fight. Each form of the game, Rock, Paper, and Scissors, must be separately certified in before you can use them against others. You'll get a card for each form you can use. Certifications will run all day at the MoL tent.

Other challenge games include:

Bean-bag cross-bow cornhole

Padded spear toss

The Balance Platform game

Tug-of-War

And, of course, anything else you can think of. Dancing, puns, arm wrestling, foot races, headstands: anything the challenger and challengee agree to try.



Wild Hunt (cont.)

We will have a Games Tent set up with board games to relax with – and to use in Hunt challenges!

A&S Competitions:

Returning this year will be the Mini-Iron A&S Challenge! You will be given a box of materials to craft into anything you desire, within a time limit.

Show off your Best Fix for a Mistake in our second competition. Bring any projects from the past or present where you really messed up, and impress us with how you tried to make it right (even if the fix didn't work)!

Autumn Food Fight! Bring your best cool weather cooking to add to our harvest table. We will be judging in three categories: Huntsman's Fare, Vegetables, and Desserts. Tell us how your entry fits into the category you choose. Feel free to be creative.

Bardic Fyt:

It's the perfect time of year for spooky stories, especially those that tell of lucky -- or unlucky -- dealings with the Fair Folk. All who enter will be rewarded, and those who spellbind us with the most medieval of performances (no mention of the modern, no papers in hand) will gain special favor.

Merchants are very welcome, however, this is an outdoor event, and as such, all merchant spaces are outdoor spaces. Please be prepared for whatever weather we'll have, and please contact Lady Ailleann with space requirements.

If you have any questions, please contact the autocrats: Lady Ailleann O'Meighan/Meghan Sherrill (thedragonhand at gmail.com), or Marion Compton/Emily Shifflett (marion.comptonSCA at gmail.com)



Pennsic Packing

What's in your packing list for Pennsic? Did you know that Ponte Alto has list of suggestions available on our website?

Tent

tent
ropes, poles, stakes
sledgehammer or mallet
shovel
extra rope
extra stakes
extra grommets
floor cloth and plastic tarp
dining/sun shade
poles, ropes, stakes for it
light colored flags for ropes
rugs
broom & dustpan
cedar chips or other bug repellents

Campsite

duct tape
trunk
transport/storage boxes
plastic tub (becomes tub/shower)
camp chairs
folding table
sleeping bag, blankets
cot or mattress
air mattress & pump
pillows
cloths to cover boxes
porta-potty, sanitizer (not needed at Pennsic)
poles for lanterns
banner, devices, decor

Other topics include: **Light/Heat/Cooking, Feast Gear, Kitchen, Personal Care, and many more!**

See the entire list at <http://pontealto.atlantia.sca.org/pennsic/packing.php>



Baronial Openings!

It seems like the barony is always in need of more deputies, however our barony has two offices that will need new officers before the year is out!

Our **Exchequer's** warrant expires this fall! The Barony is in need of a new Exchequer! (*And our deputy can't step up into the role, because she's leaving the area!*)

Those who might be interested in supporting the barony in this role, will need to take the Exchequer 101 and 201 classes. They are available at University!

This is a vital role for the barony!

If you might be interested in taking on this challenge, or learning more, please contact our Seneschal!

Also! Rumor has it, the barony will also be needing a new **Minister of Arts and Sciences** come this fall!

A&S is an important part of the SCA, and the barony needs someone to fill those shoes!

If you might be interested in helping grow the A&S of the barony, please contact the Seneschal (or attend one of our Populace Gatherings) for more info.



Ponte Alto Baronial
Populace Gathering

Weekly/Monthly Events

SUNDAY

Populace Gathering (and Business) Meeting, usually the 4th Sunday of the month at 5:00 p.m. at a location to be determined. Details will be advertised prior to the meeting. Everyone is welcome to attend.

Outdoor
Heavy Weapons

Weather permitting, 12:00 noon until dark, outdoors at Tysons-Pimmit Park, behind Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Contact the Baronial Knight Marshal for information (see Regnum). (cancellations posted on the Ponte Alto e-list)

Directions: Take your best route to I-495. Get off at the exit for Route 7 East (Falls Church). Go about 1 mile; the library is on the left. Park in the library lot and walk down the hill to the park.

Ponte Alto Dance
Practice

6pm-8pm, dance practice with Lord Randall every Sunday save the 4th which is the Populace Gathering. For more information, contact Randall Clark via dancing@pontealto.atlantia.sca.org Unitarian Universalist Church of Reston. 1625 Wiehle Ave, Reston, VA 20190.

MONDAY

Scribal and A&S

It is the day after the populace meeting, most always the 4th Monday, 6-10pm Fairfax, 22033 (contact chronicler@pontealto.atlantia.sca.org for address; cancellations posted on the Ponte Alto e-list). Not to worry, any Arts and Sciences projects are welcome. Allergy alert:: cats.

Stierbach/Ponte Alto
Archery Practice

Summer practice, held at Grimmsfield. 16132 Crusade Ct. Haymarket, VA 20169. 5:00pm until dusk. Loaner equipment available (please contact archery marshals)!

THURSDAY

Heavy Weapons
Practice

Summer, outdoors at Tysons-Pimmit Park, (see Outdoor Heavy Weapons and Rapier Practice above). Winter, Lemon Road Elementary School cafeteria (7230 Idylwood Road, Falls Church), weather and school events permitting (cancellations posted on the Ponte Alto e-list)

Rapier Practice

Summer, outdoors at Tysons-Pimmit Park, (see Outdoor Heavy Weapons and Rapier Practice above). Winter, Shreveview Elementary school cafeteria (7525 Shreve Rd, Falls Church), 6:30pm-9pm (cancellations posted on the Ponte Alto e-list)

Projects Night

1st Thursday, private residences. Address will be posted on a private site (Facebook: Ponte Alto Arts & Sciences) to preserve the privacy of the hosting sewer. If you'd like to host or don't have a Facebook account and need the address, please contact Vadoma (mka Marlene Wells Martineau) moas@pontealto.atlantia.sca.org.

FRIDAY

Stierbach/Ponte Alto
Winter Archery Practice

Winter practice, held at Bull Run Archery Center. 7700 Bull Run Dr, Centreville, VA 20121. 5:00pm until 7:00pm. Loaner equipment available (please contact archery marshals)!

MONTHLY

SCA Newcomer
Meetings

Newcomer Meetings are held once a month from 7:00 p.m. to 9:00 p.m. at the home of various members of the Barony. Contact the Baronial Chatelaine for information (chatelaine@pontealto.atlantia.sca.org), or check out the Events/ Activities page on the website for the most recent information.

*Note on school locations for activities: There will be no activities at schools during school holidays or on other days when Fairfax County schools are closed or all nighttime school recreational activities are canceled. Notification of cancellation or alternate site location will be posted on the web as soon as possible. You can visit the Fairfax County Public Schools Emergency Announcement page for school closure status: <http://fcps.edu/news/emerg.htm>

* A reminder to those to attend marshal activities and practice at Fairfax County Public Schools:
NO FORM of real weapons, even Swiss Army knives, box cutters, etc. are to be brought onto school property.*



Baronial Progress

Baronial Progress for August/September	
Date	Event
7/26-8/11	Pennsic War (Marie-Therese & Naran)
9/14	Royal Archery Tournament (Naran)
9/21	Stierbach Baronial Birthday (Marie-Therese & Naran)
9/28-29	Clash with Bacchus (Marie-Therese)

We really could use your help

There are several positions in our Barony that could use a Deputy; actually, all of the positions that we have could benefit by having at least one deputy.

Why a Deputy? Well, it is easy for any one of us to intend to do something if we don't take into account that the SCA is what we do with our time after we are finished doing what we do to pay the bills.

With deputies, the work load can be shared, allowing more work to be accomplished with less time and stress for any one individual.

Besides, it is a great way to work with others to do something different to help make your, and other's, SCA experience that much better!





Ponte Alto Notables

Archery Champion: Lord Rónán mac Ímair
acherychamp@pontealto.atlantia.sca.org

Youth Archery Champion: M'lord Sebastian of Ponte Alto

A&S Champion: Ciosa di Tommaso
artisan@pontealto.atlantia.sca.org

Bardic Champion: Diana of Ponte Alto
bard@pontealto.atlantia.sca.org

Youth Bardic Champion: M'lord Oliver of Ponte Alto

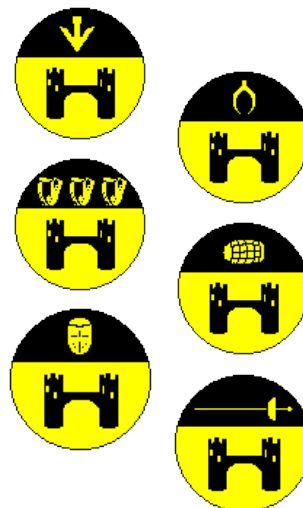
Baronial Guard: *(vacant)*

Brewing Champion: *(vacant)*
brewer@pontealto.atlantia.sca.org

Heavy Champion: Heinrich von Holstein
heavychamp@pontealto.atlantia.sca.org

Rapier Champion: Connor Bartlett
rapierchamp@pontealto.atlantia.sca.org

Warlord: *(vacant)*
warlord@pontealto.atlantia.sca.org



Looking for a way to get involved?

Why not try retaining!

What is retaining?

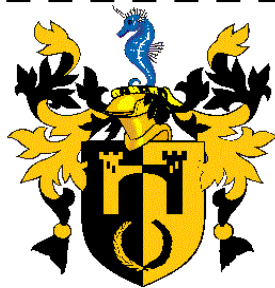
Their Excellencies need help with taking notes (e.g. for gifts or to-do stuff), staying hydrated, reminders to stay on schedule, fetching things, and otherwise keeping Their Excellencies comfortable and out of trouble (especially the Mongol one)!

Who can retain?

Anyone can retain! If you've got free time at an event, Their Excellencies will be very appreciative of your assistance. Plus it's a great way to learn more about what it means to be part of the pageantry of the SCA!

How can I volunteer?

If you are interested in volunteering, or even just finding out more, reach out to our head retainer, Diego Díaz Montanes at headretainer@pontealto.atlantia.sca.org



Baron and Baroness

Noyon & Baroness Naran Numuchi & Marie-Therese Normand

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<http://karenswhimsy.com/medieval-people.shtml>
12 January 2012





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Please send submissions to:

Rónán mac Ímair
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Reston, VA 20191

Chronicler@PonteAlto.Atlantia.SCA.org

Please, remember that all submissions for *Il Tempo* must be accompanied by an SCA release form. The first link leads you to the Society Chronicler's links for forms. The last three links are for the forms that can be submitted on line via Internet Form Fills. **Everyone is encouraged to consider contributing to *Il Tempo*.**

Society Chronicler forms.

<http://chronicler.atlantia.sca.org/Releases.html>

Release form for **writing or artwork:**

<http://chronicler.atlantia.sca.org/ReleaseCreativeFillable.pdf>

Release form for **photographs:**

<http://chronicler.atlantia.sca.org/ReleasePhotographerFillable.pdf>

Release form for **model(s)** (the subject of your artwork or photograph):

<http://chronicler.atlantia.sca.org/ReleaseModelFillable.pdf>